

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



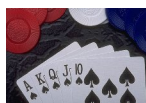
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 mile. Exercise and enjoy the beautiful Summer scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
JULY, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



July 1st - Red White & Blue
July 8th - Rock Art
July 15th - Bird Houses
July 22nd - Face & Features
July 29th - Cameos

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **Brookside at 10 a.m. on Friday, July 18th.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, July 1st, 15th and 29th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30				FREE SPACE	46	74		
2	28	37	55	68					
10	27	39	59	75					

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, July 1st, 15th and 29th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- **Thursday, July 3rd**
Cinch Tourney
- **Thursday, July 10th**
Sheephead Tourney
- **Thursday, July 17th**
Rum Tourney
- **Thursday, July 24th**
Euchre Tourney
- **Thursday, July 31st**
Rum Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, July 7th & Wednesday the 30th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m.** the day of the game.

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. Wednesdays July 2nd & 16th.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning. **Please call in by 10 a.m. if you are coming in to play.**



- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. Friday, July 11th and Monday the 28th.** Bring your change, we play for 10¢ a round and 25¢ a game. **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIPOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. Wednesday, July 9th & Friday the 18th.** We have a lot of fun! **Please call in by 10 a.m. game day** if you would like to play.

- **SCRABBLE:** How about a little challenge? Come in and play Scrabble at **12:30 p.m. Tuesdays, July 8th & 22nd.** **Please sign-up by 10 a.m. game day** if you plan to attend.

- **PHASE-10:** Will be played **Tuesday, July 8th & Wednesday the 23rd at 12:30 p.m.** It is a fun easy card game. **Please call in by 10:00 a.m. the day of the game** if you would like to play.

- **HEARTS:** Is a fun group game we will play **Monday, July 14th at 12:30 p.m.** We play a quarter a game with low score winning. **Call in by 10 a.m.** if you will be able to come in to play.



SPECIAL ACTIVITIES

- **BOOK CLUB:** Will meet **Thursday, July 10th at 12:30 p.m.** to discuss, **"The Book Thief"** by Markus Zusak. The August book selection is **"Infidel"** by Ayaan Hirse Ali. This book celebrates triumph over adversity. Hiri Ali tells how a bright little girl grew to become an outspoken, pioneer freedom fighter. No story could be timelier or more significant.



BOOMERAMA: **Monday, July 21st at 12 p.m.** Dr. Edie Johnson will give the presentation entitled, **Silent Journey**. Join with her as she shares her life's journey as a hearing-impaired person and how she was able to cope in spite of difficulties. Edie will tell you who the greatest influence in her life has been and how He has helped. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, July 18th.**



- **LUNCH BUNCH:** Will meet at **Ohana's Hawaiian Bar & Grill (Hammerheads) Tuesday, July 8th at 11 a.m.** They have a sandwich lunch special and those going will get a 10% discount on their meal. We always go "dutch treat". Come enjoy good food and visit with old friends & make new ones! Please make your **reservations by Noon, Thursday July 3rd.**



- **CATERED MEAL:** Catering by Meyer will be our caterer on **Tuesday, July 22nd at 12 p.m.** Our menu will be: pulled pork BBQ (bun, onion & pickle) scalloped potatoes, green beans, sweet & sour tomatoes, sheet cake & unsweetened iced tea. **Cost of the meal is \$8.50.** Please make your **reservations by 3 p.m. Friday, July 11th.**



RAINBOW MESSENGER

July, 2014

- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a “hand”. Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. (If you can play on Wednesday please call in by 10 a.m. to let us know)** New players are always welcome.

- **WATER AEROBICS:** Jasper Municipal Pool every **Monday & Wednesday morning at 11 a.m.** The cost of the 45 minute class is \$4.00 per person, or a swim ticket.



*** Reminder***

During July the trip will leave from the Jasper High School southwest parking lot.



JULY

Patti's and Badgett's

The bus will leave from the Jasper High School southwest parking lot at 8 a.m. Friday, July 25th and pick up passengers at Huntingburg Methodist Church at 8:15 a.m. Rest stops to stretch your legs will be made on the way to Grand Rivers and on the way back. We should be home around 8:30 p.m.



AUGUST

Ellis Park

A trip is scheduled for **Friday, August 29th**. Two buses will leave the Jasper Armory at 11 a.m. with pick-ups in Huntingburg upon request. **Cost of the trip is \$55.00** and includes transportation, buffet, race schedule and reserved seating in the air conditioned Sky Theatre. **Sign-up by phone anytime after 7:30 a.m. Tuesday, July 8th. Money is due by 3 p.m. Friday, August 1st.** We are staying for all the races and should be home by 7 p.m.



SEPTEMBER

Derby Dinner

A trip is scheduled for **Wednesday, September 10th** to see, “**Church Basement Ladies, A Mighty Fortress**” It’s 1960, Beverly is getting her first high heels and Mrs. Engelson is getting her driver’s license! These ladies stand strong through their faith and friendship. **Cost of the trip will be \$61.00 for: buffet, coffee or tea, ticket and transportation. Buses (2) will leave the Jasper Armory at 9:30 a.m. with pick-ups in Huntingburg and Ferdinand upon request. Sign-up by phone starting at 7:30 a.m. Monday, July 28th. Money is due by 3 p.m. Friday, August 15th.**



FUTURE TRIP

DERBY DINNER **Christmas Show**

Two buses have been reserved for “Wonderful Life 2014”

Thursday, December 18th Matinee



- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day.

- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

*****WORTHWHILE PROJECT*****

- **** If anyone would have yarn they are not using or leftovers from a completed project we have a very good use for it. Seniors are making little blankets for premature babies who are born too early to survive. Bring it in to the center or call 482-4455 and we will find a way to pick it up. **Thank you!!!**



HAPPY BIRTHDAY

JULY



1st	Russell Starkey
7th	Kenny Cooper
7th	Brenda Schitter
8th	Shelba Schuetter
14th	Janice Nordhoff
15th	Denny Henke
22nd	Joan Meyer
28th	Mikki Stemle
29th	Judy Fluckey
30th	Tom Foisy

Anniversaries

JULY



7th	Barney & Valeda Moeller
18th	Jesse & Nora McCarty
19th	Phil & Patty Freeman

Recipe Exchange

Red White and Blue Jello



Ingredients:

2 (3½ ounce) packages berry blue jello
 1 (3½ ounce) package lemon jello
 8 ounce cream cheese
 8 ounces whipped topping (cool whip)
 2 (3½ ounce) packages raspberry jello
 (or any other red jello)

Directions:

Prepare berry blue jello according to directions on box. Pour into 13x9 baking dish and place in the refrigerator. Allow to chill until firm, about an hour
 Prepare lemon flavored gelatin using 1 cup boiling water. Beat cream cheese slightly and then add the lemon gelatin mixture. Beat gelatin and cream cheese until smooth. Cool to room temperature.
 Once the cream cheese mixture has cooled, fold in the whipped topping until mixed thoroughly. Pour this mixture over the **firmly** set bottom layer. Return to the refrigerator and chill until firm, about an hour.
 Prepare raspberry jello according to directions on box. Cool this mixture until room temperature and then pour over the **firmly** set middle cream cheese layer.
 Return the 3 layers to the refrigerator and chill until top layer is firm. Cut into squares. Serve with whipped topping and blueberries.

Have a good recipe to share? We would be happy to publish it.